Hepatoprotective activity of ethanol extract

Dr. Muhammad Kashif Baig, Dr. Iram Irshad, Dr. Faiza Naseer.

ABSTRACT.....Members of genus Caesalpinia are found world widely in tropical and temperate areas. Caesalpinia species have various pharmacological actions that include antidiabetic, antiulcer, anticancer, anti-inflammatory, antimicrobial and antirheumatic. **Objectives:** To assess the Hepatoprotective activity of ethanol extract of Caesalpinia decapetala. **Duration of study:** September 2012 to November 2012. **Setting:** Pharmacology and Pathology departments of Independent medical college and animal House of university of agriculture, Faisalabad. Study design: Experimental study. **Materials and Methods:** Hepatoprotective activity was determined by measuring the liver marker enzymes like Bilirubin, AST, ALT and ALK levels and then hepatic biopsy to see any structural changes. Phytochemical analysis of plant extract indicates that it contains polyphenols and flavonoids that possess antioxidant potential and hence possess Hepatoprotective activity. **Results:** Liver enzyme levels were significantly raised in rabbits receiving paracetamol and the enzyme levels were significantly reduced in rabbits who were receiving Caesalpinia Decapetala and paracetamol comparable to silymarin and Paracetamol. Results observation was done in concentration and dose dependent manner. Histopathological studies indicated centrizonal and focal necrosis and ballooning in liver of rabbits treated with paracetamol. It showed only mild steatosis with sinusoidal dilatation and binucleate cells in groups receiving Caesalpinia decapetala. **Conclusions:** It is concluded that Caesalpinia decapetala possesses significant Hepatoprotective activity.

Key words: Caesalpinia decapetala, Hepatoprotective activity, Antioxidant activity.

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INTRODUCTION

Members of genus Caesalpinia are found world widely in tropical and temperate areas¹. Caesalpinia species have various pharmacological actions that may include antidiabetic, antiulcer, anticancer, antiinflammatory, antimicrobial and antirheumatic². A thorny climber or shrub, Caesalpinia decapetala is about 25 m in height having bright yellow flowers. In indian traditional medicines the decoctation of plant is used to cure jaundice, leaves are used to treat burns, biliousness and stomach disorders³. It is also used as laxative, tonic, carminative and antipyretic⁴. Leaves and root of Caesalpinia decapetala act as a purgative and emmenagogue⁵.

Caesalpinia decapetala (family: Caesalpinaceae) commonly called as Kanderi or urian is found on Margallah Hills national park in Pakistan⁶. It has been used as an immunomodulatory and anti-inflammatory agent in traditional Vietnamese medicine⁷. Its methanolic extract has been proved to possess antioxidant potential⁸.

Phytochemical analysis indicated the isolation of seven compounds such as lupeol acetate (I)lupeol, (II)oleanoic acid, (III)pentacosanoic acid 2,3dihydroxypropyl ester, (IV)1-(26-hydroxyhexacosanoyl)-glycerol, (V)stigmasterol, (VI)betasitosterol, (VI)from Caesalpinia decapetala⁹. A previous investigation of the roots of C. decapetala have isolated caesaljapin, betulinic acid, 3deoxysappanchalcone, sappanchalcone, catechin, methyl gallate, and 3-hydroxy-1-(4-hydroxy-3methoxyphenyl)-1 propanone¹⁰. Cassane diterpenoid, caesaldecan, spathulenol, 4, 5-epoxy-8⁹ caryophyllene, squalene, lupeol, trans-resveratrol, quercetin, astragalin, and stigmasterol¹¹ from the leaves of C. decapetala¹².

As reactive oxygen species are involved in the pathophysiology of various diseases such as inflammation, autoimmune problems, viral infections,

digestive tract ailments, neurodegenerative disorders and gastric ulcer¹³. Drugs that possess antioxidant properties have role in reducing tissue injury¹⁴. Many indigenous drugs are known to possess significant free radical scavenging properties^{15,16,17}. This caesalpinia decapetala also possess antioxidant potential that points towards its role as Hepatoprotective agent.

EXPERIMENTAL ANIMALS

Study was conducted on rabbits. Male rabbits weighing 1.2-1.5 kg were obtained from local laboratories of faisalabad Pakistan, were used. The animals were housed in animal house of Department of pharmacology agriculture university Faisalabad. Animals were kept under controlled conditions of Temperature ($25 \pm 1^{\circ}$ C) and humidity ($50 \pm 5^{\circ}$ C). They were given standard diet and water add libitum. Animals were acclimitized to environment for one week prior to experimentation¹⁸.

CHEMICALS

Ethanol (Analytical grade), Distill Water, Paracetamol, Silymarin, Pentothal sodium.

INSTRUMENTS USED

Rotary Evaporator, filter paper, Muslin Cloth, Diagnostic Kits.

EXTRACTION OF PLANT MATERIAL

Whole plant was washed, dried and grinding was done. 3000 gm of plant material was soaked in 9 L of ethanol for approximately 15-20 days. Frequent shaking and filtration was done. The residue left was again extracted under same conditions. The semisolid residue of both extracts were combined and evaporated to dryness at 78°C using rotary evaporator¹⁹.

PARACETAMOL INDUCED HEPATOTOXICITY AND EXTRACT TREATMENT

Thirty healthy rabbits were used in the study. Rabbits

2

will be divided in 6 groups; each will be having 5 rabbits. The dose administration was continued for 7 days¹⁸.

Group-I will receive distill water daily for seven days. Group-II will receive Paracetamol at the oral dose of 2000mg/kg daily for seven days. Group-III will receive oral Silymarin 100mg/kg daily for seven days. Group-IV will receive ethanol extract of Caesalpinia decapetala at the oral dose of 150mg /kg daily for seven days. Group -V will receive ethanol extract of Caesalpinia decapetala at the oral dose of 300mg/kg daily for seven days. Group-VI will receive ethanol extract of Caesalpinia decapetala at the oral dose of 500mg /kg daily for seven days. Paracetamol at toxic oral dose of 2000 mg/kg was given to Group-III to group-VI on seventh day, one hour after extract administration.

ASSESSMENT OF LIVER FUNCTIONS Biochemical Estimation

Merck diagnostic kits and UV-VIS Spectrophotometer were used to measure serum glutamate oxaloacetate transaminase (SGOT), serum glutamate pyruvate transaminase (SGPT), serum alkaline phosphatase (ALP) and Bilirubin (B) levels under the supervision of pathologist.

HISTOPATHOLOGICAL STUDY

Liver tissues were dissected and washing was done by using normal saline and were fixed with 10% neutralbuffered formalin for 48 hour. The specimens were grossed by pathologist and representative sections were taken and dehydrated with graded ethanol (50-100%). These were further embedded in paraffin wax. 5-6 mm thick sections were prepared on microtome. Hematoxylin and eosin dye are used for microscopic evaluation by the pathologist.

Following grades were used for scoring liver sections²⁰: $\Omega = Normal Liver$

0 = Normal Liver.

RESULTS

1 = small septa of connective tissue without effecting the structure of hepatic lobules.

2= Large septa of connective tissues having penetration into the parenchyma and can develop nodules.

3= Development of nodules and loss of hepatic lobules in liver structure.

4= Formation and deposition of connective tissue with lobules and formation of scars.

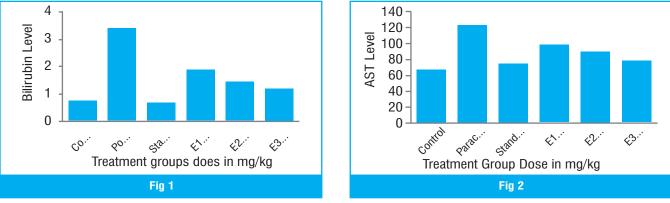
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STATISTICAL ANALYSIS

One way ANOVAs was applied to the data and the results were presented as Mean ± Standard error of means (S.E.M).

Groups	SGOT/AST (14-113 IU/L)	SGPT/AST (12-67 IU/L)	ALK (17-192 IU/L)	Bilirubin (0.2-0.7 mg/dl)	Liver damage grade
Control 5ml/kg Normal saline	66.83 <u>+</u> 8.39	70 <u>+</u> 4.64	117.33 <u>+</u> 5.33	0.75 <u>+</u> 0.05	0
Paracetamol control 2000mg/kg + Distill H20	123 <u>+</u> 7.76	191.66 <u>+</u> 22.39	223.33 <u>+</u> 7.70	3.4 <u>+</u> 0.16	+3
Silymarin Control 100mg/kg + Paracetamol 2000mg/kg	74.66 <u>+</u> 8.11	71.33 <u>+</u> 8.03	133.5 <u>+</u> 9.93	0.7 <u>+</u> 0.05	+1
Caesalpinia Decapetala Extract (150mg/kg)+Paracetamol 2000mg/kg	98.16 <u>+</u> 6.73	97.33 <u>+</u> 8.74	145 <u>+</u> 24.15	1.88 <u>+</u> 0.16	+1
Caesalpinia Decapetala Extract (300mg/kg) + Paracetamol 2000mg/kg	90 <u>+</u> 5.82	86.5 <u>+</u> 4.93	141.66 <u>+</u> 17.63	1.45 <u>+</u> 0.15	+1
Caesalpinia Decapetala Extract (500mg/kg) + Paracetamol 2000mg/kg	78.16 <u>+</u> 7.16	78.5 <u>+</u> 4.57	139.5 <u>+</u> 11.88	1.2 <u>+</u> 0.12	+1
Effect of ethanolic extract of caesalpinia decapetala on liver marker enzymes					

Table shows that ALT, AST and ALK and bilirubin levels were significantly raised in animals receiving paracetamol and the enzyme levels were significantly reduced in rabbit groups who were receiving silymarin +Paracetamol and Caesalpinia Decapetala+ paracetamol. While by increasing the dose of extract, there was a significant fall in enzyme level (P < 0.05). Histopathological studies indicated centrizonal and focal necrosis and Ballooning in liver of rabbits treated with Paracetamol. It showed only mild steatosis with sinusoidal dilatation and binucleate cells in groups receiving extract at dose of 150 mg/kg and 300 mg/kg. While binucleate cells and slight fatty changes were observed in liver treated with 500mg/kg of extract. The liver treated with silvmarin appeared to be same as normal.

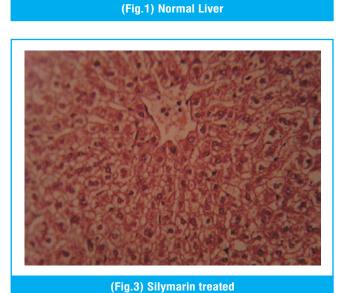


Effect of Ethanolic Extracts of Caesalpinia decapetala on Bilirubin (Fig 1) and AST Levels (Fig 2)

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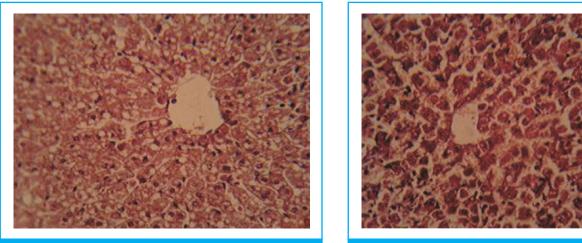
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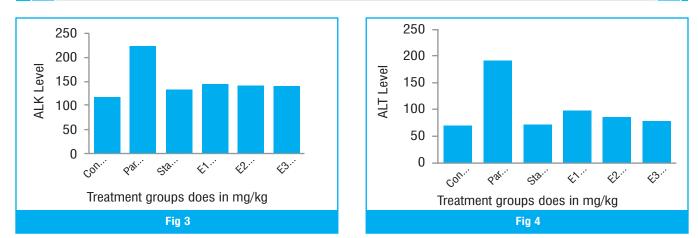


(Fig.2) Paracetamol treated Liver



HISTOPATHOLOGICAL STUDY

Effect of ethanolic extracts of caesalpinia decapetala on ALK (Fig 3) and ALT levels (Fig 4)



CAESALPINIA DECAPETALA



(Fig.5) Extract treated Liver at the dose of 500 mg/kg

DISCUSSION

Liver plays role in many metabolic processes and is exposed to many toxic chemicals which can damage liver. Paracetamol induced liver injury involves direct mitochondrial function impairment that ultimately lead to Liver cell damage²¹. After metabolism, Paracetamol is converted to N-acetyl Pbenzoguinineimine, it will lead to development of oxidation stress that will cause glycogen and glutathione depletion by irreversible conjugation with sulfhydral groups of glutathione²² and liver cell necrosis²³. As a result of this damage there is increase in liver enzymes; ALT, AST, ALP and bilirubin and hence measurement of these elevated levels can be used to measure histostructural integrity of hepatocytes^{24,25,26}. Hydroxyl radicals, hydrogen peroxides, single oxygen, nitric oxide, lipid oxide and superoxide anions are highly reactive species produced inside the body by various external and internal factors^{27,28,29}. These radicals can lead to the many diseases like cancer, hepatic problems, inflammation and many other abnormalities³⁰. Free radicals make covalent bonds with macromolecules of membranes of many organelles and induce lipid peroxidation and lipid peroxides are generated that will lead to membrane damage³¹. Degree of jaundice is reflected by increased level of bilirubin, Transaminases and alkaline phosphatases^{32,33}. Whenever there will be liver damage with

hepatocellular lesions and parenchymal cells necrosis, these enzymes will be released into blood stream from the damaged tissues³⁴.

5

In this study, liver marker enzymes levels were found to be increased in hepatotoxic animals and significant reduction was observed in rabbits receiving ethanolic extract of Caesalpinia decapetala as compared to that of toxicant rabbits. This Hepatoprotective effect was more pronounced with extract dose of 500mg/kg. A possible mechanism may be antioxidant effect or inhibition of cytochrome P-450³⁵. Histopathological examination of the liver sections of rabbits treated with paracetamol showed necrosis and vacuolization while the liver sections of rabbits treated with silymarin and extracts along with paracetamol toxic dose showed protective effect against paracetamol toxicant and is evident by absence of necrosis.

CONCLUSIONS

Hepatoprotective activity of ethanolic extract of Caesalpinia decapetala extract (150, 300, 500 mg/kg doses) was studied. There was significant reduction in serum enzyme levels like AST, ALT, ALP and bilirubin which are comparable to that of silymarin. This confirms the protective effect of ethanolic extract of caesalpinia decapetala against paracetamol induced liver damage. Histopathological examination of liver sections of all the treated groups also supported the evidence. Thus it is concluded that the ethanolic extract of Caesalpinia decapetala possess significant dose dependent Hepatoprotective activity. This study opens gateway to develop advance research on hepatoprotective drugs.

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6

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AUTHOR(S):

- DR. MUHAMMAD KASHIF BAIG 1.
- 2. **DR. IRAM IRSHAD**
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Correspondence Address: Dr. Muhammad Kashif Baig baigs23@hotmail.com

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484

