ORIGINAL

PROF-1071

# **ACUTE PYOGENIC MENINGITIS;** INCIDENCE IN PAEDIATRICS (IN INFANTS AND CHILDREN).



272

**DR. BASHIR AHMAD KAKAR** Assistant Professor Paediatrics Bolan Medical College, Quetta.

**DR. ABDUL BARI** Assistant Professor Paediatrics Bolan Medical College, Quetta. **DR. ESSA KHAN TAREEN** Assistant Professor of Medicine Bolan Medical College, Quetta.

*Dr. Raz Muhammad Kakar* Consultant Neurosurgeon Sandamen Provincial Hospital, Quetta.

**ABSTRACT...** 118 cases of acute pyogenic meningitis were admitted in the department of Paediatrics Liaquat Medical College, Hospitals Jamshoro/ Hyderabad in one year period with prevalence of 1.57% of the total admissions. After selecting the cases on clinical ground we proceeded further to confirm the diagnosis by cerebrospinal fluid cytochemical analysis, gram staining,, culture and sensitivity and detection of the antigen of micro-organism by latex agglutination test.

### INTRODUCTION

Harpin (1803) used the term meningitis for the first time in connection with the inflammation of meninges, caused by the head trauma in army soldiers (Neal et al, 1932). Meningitis is an inflammation of the coverings of the brain, spinal cord, and the fluid residing in the space which in enclosed and also that in the ventricles of the brain. When the pia and archnoid matter is involved the term "leptomeningitis" and for dura "pachy meningitis" is used. Pyogenic meningitis is with the evidence of pathogens in the cerebrospinal fluid (Harter, donald H, et al, 1987).

## MATERIALS AND METHODS

The study conducted from October to September (one year) total number of patients admitted were 7480, constituting (118/7480) 1.57% of total admissions

10.16% (31/305) of all the neonates admitted with acute pyogenic meningitis, 1.21% (87/7175) of post neonatal group admitted with actue pyogenic meningitis. The patients selected initially on clinical grounds and then investigated according to our proposed protocal including blood examination for complete picture and blood sugar for comparison with CSF sugar, cytochemical analysis and gram staining, culture and sensitivity of CSF, Swab from Throat, Ear, Umblicus and skin for C/S and latex agglutination test. The patients were treated to our wards protocol accordingly discharged and a follow-up was done for two years. Which is not discussed in this paper.

#### RESULTS

118 cases of Acute Pyogenic Meningitis were studied. Most of our patients came from interior Sind as well as Hyderabad without any significant concentration in any one locality. The patients belonging to far flung areas would not reach our Hospitals therefore referred to be treated at concerned District Hospitals and thus not registered with us (Fig-I and Table I).

Total numbers of patients admitted during study period were 7480, of which 305 were neonates and 7175 were beyond neonatal period. The proved cases of acute pyogenic meningitis were 118, of which 31 were neonates and 87 were beyond the neonatal period (Table-II).

In cases of neonatal meningitis 17 male and 14 were female. Beyond neonatal period 49 male and 38 were female with a ratio of 1.2 :1 in total(Table-III).

Majority of cases belonging to low socio-economic class (Table IV).

In neonatal age group on basis of weight there was no remarkable difference, but beyond neonatal age group the incidence was remarkable in Malnourished children according to modified Gomez classification (Table-V).

Table-I. Showing epidemiogical pattern of Acute pyogenic meningitis in Paediatrics Wards of Liaquat Medical College Jamshoro/Hyderabad.				
Districts No. of Cases		% Age		
Hyderabad	51	43.22%		
Dadu	12	10.16%		
Thatta	12	10.16%		
Badin	11	09.32%		
Tharparker	10	08.47%		
Sanghar	09	07.62%		
Nawabshah	07	05.93%		
Larkana	05	04.23%		
Sukkar	01	0.84%		
Khair Pur (Mirs)	00	0.00%		
Jacobabad	00	0.00%		
Karachi	00	0.00%		

Table-II. Statement showing the number of total admission and cases of acute pyogenic meningitis.					
	Total Nos.	Neonates	% Age	Beyond Neonates Period	% Age
No. of admission Paeds. (Deptt) L.M.C.H. from Oct 90 to Sep 91	7480	305	4.07	7175	95.93
Cases of acute pyogenic meningitis (studied)	118	31	26.27	87	73.72
Clinically suspected cases of acute pyogenic meningitis who refused for lumber puncture	10	07	70.00	03	30.00
Cases of acute pyogenic meningitis who left against medical advise, were not included in study results (LAMA)	22	12	57.54	10	45.45

Table-III. Prevalence of acute pyogenic meningitis related to the age and sex.					
	Age		Sex		Ratio
	Total Nos.	% Age	Male	Female	
Neonates	31	26.27	17	14	1.2:1
2-12 months	46	38.98	26	20	1.3:1
2-5 years	21	17.79	12	09	1.3:1
6-12 years	20	16.94	11	09	1.2:1
Total	118	100.00	66	52	1.2:1

Table-IV. Socio-economic status of patients with acute pyogenic meningitis studied.				
	Above 2000	Below 2000	Total	
Neonatal Period (total)	09	22	31	
% Age	29.04%	70.96%		
Post neonatal period (total)	19	68	87	
% Age	21.84%	78.16%		

Table-V. Weight of neonates and Nutritional status
according to modified Gomez classifications in patients
beyond neonatal age period.

	Weight less than 3500 grams	Weight more than 3500 grams
Total Nos.	16	15
% Age	51.62%	48.38%

Table-V. Weight of neonates and Nutritional status according to modified Gomez classifications in patients beyond neonatal age period.					
	Normal P.M.C-I P.M.C-II P.M.C-III				
Total Nos.	23	27	21	16	
% Age	26.43%	31.03%	24.13%	18.29%	

The peak prevalence was seen in the months of

February, March, April, August and October, that is the late winter, early summer and autumn (Figure-2).



Fig 2. Seasonal variation, cases of acute pyogenic meningitis studied from Oct. upto beginning of Sept.

274

Professional Med J Jun 2007; 14(2): 272-275.



## DISCUSSION

Acute Pyogenic Meningitis is not an uncommon disease in children and is a common Paediatrics Emergency. 118 cases of acute pyogenic meningitis were admitted in our study period from October to September, constituting 1.57% of the total admission, 10. 16% (31/305) of all neonatal age group admitted with acute pyogenic meningitis and 1.21% (87/7175) a post neonatal age group admitted with acute Pyogenic Meningitis . This result correlate with Butler Ian J. et al 1974. Who reported meningitis in 7% neonates and 1.5 Post neonatal age of total Hospital admissions. The prevalence under one year of age was 65.25% of all the cases of meningitis, which is same as reported by Akbani Y. et al 1988, which was 65.2%. The prevalence in male babies was higher with a ratio of 1.2:1, confirming the generally observed male predominance as reported by the various studies, like Akbani Y. et el 1988, Louvois J, et al, 1991. This is reported to be due to location of gene for synthesis of gamma globulin on the X Chromosomes and the male possess only single X chromosome. Although we came across the disease though out the year in our study, yet slightly increased prevalence was observed from February to April and August to October, which tallies with the result of Broome CV, 1987,

Azubiuck, 1990 and Carter PE et al, 1990.

#### REFERENCES

- 1. Abraham Verghese and Gail Gallemore. Kernig's sign and brudzinsk's sign revisited. **Review of Infectious Disease** 1987;9:1187-88.
- Akbani Yasmeen, Nizami S Q, Farooqui Shamsa, et al. A study of pyogenic meningitis in children, Bacteriological aspects in relation to age. Pakistan Paediatrics Journal 1988;4: 475-79.
- Azubuike Jonathan C. Childhood bacterial meningitis in Tabuk, Saudi Arabia. Annals of Saudi Medicine 1990; 10: 145-48.
- Boy Bruyn H B. Purulent meningitis. Practice of Paediatrics 1994;4.
- 5. Broome Claire V. Epidemiology of H. Influenzae type b infection in United States. Peadiatrics Infectious Disease J 1987;6 : 772-82.
- Butler Ian J, Johnson Richard T. Central Nervous System infections. Pead Clin of North America 1974;21 : 649-69.
- Carter P E, Barelay S M, Galloway W H, Cole G.F. Changes in bacterial meningitis. Archives of Disease of Childhood 1990; 65: 495-498.
- 8. Foster W. f. Discovery of more important human pathogenic bacteria. A history of Medical Bacteriology and Immunology. 1970;64-90.
- Gradyo Garrid. Use of antibiotics. Antibiotics and Chemo-therapy. 3<sup>rd</sup> Ed, E S Livingston London 1971;1-5.
- Harter D H, Petersdorf R G. Pyogenic infections of C.N.S. Harison Principles of Internal Medicine 11th Ed, Hill Book Co, New York 1987: 1980.
- 11. Lee J A, Atkin R S, Comps. Lumber Puncture and spinal analgesia. History 2<sup>nd</sup> Ed, Edinburgh, Churchill Livingston 1978;1-2.
- 12. Louvois J, hurler B R, Harvy D. Infantile meningitis in England and Wales. Arch of Dis in Childhood 1991; 66: 603-607.
- Neal J B, Jackson H W, et al. Bacterial Meningitis. Infection of Central Nervous System in Strauss I, Davis T k, franz A. M, Baltimore William and Winkins 1932;397-452.