



USE OF IMMUNOHISTOCHEMISTRY IN THE DIFFERENTIAL DIAGNOSIS OF SMALL ROUND BLUE CELL TUMORS.

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ABSTRACT... Objectives: Objective of the study is to differentiate and sub-categorize malignant small round blue cell tumors by using immuneO-histochemistry. **Study Design:** Descriptive Observational study. **Setting:** Meezan Private Lab, Faisalabad, Pakistan. **Period:** 5 years, from July 2014 to June 2019. **Material & Methods:** 126 cases of Round blue cells tumors selected by non probability purposive sampling. 126 cases which fulfilled the inclusion and exclusion criteria were selected for the study. All these cases were subjected to immunohistochemistry. The IHC technique used was based on Peroxidase anti-peroxidase (PAP) method. Based on site and morphological clues, initially Leukocyte common antigen (LCA), Myogenin, Cytokeratin (CK), Desmin, chromogranin, Neuron specific enolase (NSE), S-100, Smooth muscle actine (SMA) and CD99 were used. Further immune stains panels were used afterwards, as and when needed like CD20, CD3, CD30, BCL2, CD117, Ki-67, Tdt, synaptophysin, SMA, CD56, Melan A, HMB45 and WT1. **Results:** Out of 126 cases of small round blue cell tumors, 35 (27.8 %) cases were diagnosed as diffuse large B cell lymphoma, 6 as Lymphoblastic lymphoma, 4 as Burkitt's lymphoma, and 6 cases as NK/T cell lymphoma. Ewing's sarcoma/PNET (12/126, 9.5%) was the 2nd highest in frequency, followed by Rhabdomyosarcoma, Synovial sarcoma, Malignant melanoma, and Germ cell tumor, which were all 9/126 each with 7.1 %. **Conclusion:** Immunohistochemistry is an important tool for appropriate and clear differential diagnosis of malignant small round blue cell tumors of childhood.

Key words: Differential Diagnosis of Round Blue Cell Tumor, Immunohistochemistry, Malignant Small Round Blue Cell Tumor, MSRBCT, Round Blue Cell Tumor.

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INTRODUCTION

Small round blue cell tumors (SRBCT) is a diagnosis rendered on routine histopathology to the diverse groups of tumors. These tumors show remarkable resemblance with each other, in spite of the fact that; they originate from various different tissues namely epithelium, soft tissue, lymphocytes, bone, muscles, nerves cells and even melanocytes.¹ Microscopically, these are highly undifferentiated tumors, containing a monotonous population of small round cells with increased nuclear and cytoplasmic ratio.² Moreover, these primitive cells lack features of their histogenetic origin on routine H & E.³ There is a long list of tumors which are included in this entity, noteworthy mentions are Non-Hodgkin

lymphomas, Retinoblastoma, Hepatoblastoma, Neuroblastoma, Synovial Sarcoma, Ewing Sarcoma/ Primitive Neuroectodermal Tumor, Undifferentiated Neuroendocrine carcinoma, Desmoplastic Small Round Cell Tumor, Dysgerminoma, Osteosarcoma, Wilm's tumor, Mesenchymal Chondrosarcoma, Malignant Melanoma (Small Cell variant), Nasopharyngeal Carcinoma and Rhabdomyosarcoma.^{2,4-6} The list can be expanded if we consider site-specific round cell tumors.⁷⁻⁹ These tumors are commonly seen in the children but can also be found in adults.¹⁰

As we can see from the above discussion that the differential diagnosis of SRBCT includes a

diverse group of tumors and the treatment and management of each differential is quite different. For example; targeted therapy of anti-CD20 is effective in CD20 positive lymphoma whereas chemotherapy is the mainstay of treatment in sarcomas and lymphoma, extragonadal germ cell tumors and neuroendocrine tumors. Melanomas are treated by surgery and interferon. Furthermore, management of Desmoplastic Small Round Cell Tumor is quite different from the rest of the lot.^{4,11-13} To solve the dilemma of accurate differential diagnosis, many diagnostic modalities are in practice. This includes IHC (immunohistochemistry)¹⁰, FISH (Fluorescence in situ hybridization)¹⁴, electron microscopy, cytogenetics, molecular techniques¹⁵ and reverse transcriptase polymerase chain reaction (RT-PCR).^{6,16} Molecular techniques are best for confirmation but their high cost and sophisticated instruments limit their use in resource-poor countries.¹⁷ However, a technique which is less costly, practised worldwide and can differentiate SRBCT to a greater extent is immunohistochemistry (IHC).

Pakistan is a third world country, in which sophisticated techniques for accurate differential diagnosis are available only in few setups, which are beyond the reach of the common man. Faisalabad is the third-largest city of Pakistan, but it lacks up-to-date diagnostic setups. Even the IHC is not available in any government or private setups to date. Most of the complicated and disputed cases are referred to referral labs in other parts of the country, which delays the proper management and increases the cost of treatment of these highly aggressive tumors. In view of this scenario, collaborations have been established to provide IHC as a routine modality for all problematic histopathological cases.

To evaluate the role of immuno-histochemistry in the differentiation and sub-categorization of malignant small round blue cell tumors.

MATERIAL & METHODS

This descriptive observational study was conducted at Meezan private lab Faisalabad, Pakistan, from July 2014 to June 2019. Total

of 126 cases of Round blue cells tumors were included in the study. The sampling technique was non-probability purposive. All cases of round blue cell tumor were included in the study that were diagnosed on routine hematoxylin and eosin staining and then subjected to immunohistochemistry for confirmation and sub-typing. However, the autolyzed tissues and cases in which the immunohistochemistry was not done, because of technical or logistics issues were excluded from the study.

The IHC technique used was based on Peroxidase anti-peroxidase (PAP) method. The protocol used is as following:

1. Cut tissue sections 2.0 – 4.0 microns thick and spread wrinkle-free on the slide.
2. Put the slides on Hot plate 60°-65° for 45 to 50 min
3. For deparaffinisation, give 3-changes of Xylene 5 min each.
4. Rehydrate the tissue with graded isopropanol (100%, 80%, 70%, 50%) 5 min each.
5. Put distilled water for 3 to 5 min two changes
6. Then put in antigen retrieval solution (target retrieval solution) in Kortil Coplin Jar: Dilution 1:50. pH must be 9.0 for CD5, CD10, CD3, CD30, CD99 and 2.5pH for Myogenin, Ki-67, WT1. All remaining should have pH 6.
7. Put in a water bath at 99.5° for 45 mins - 1 hour
8. Take out from water bath and put at room temperature
9. Then wash in wash buffer solution for 10 min, two changes. Dilution 1:20 (pH must be 7.6)
10. Pour peroxidase blocking reagent on slide covering the tissue area and put in Humidity chamber for 10min
11. Wash again in wash buffer for 10 min, two changes
12. Pour 50 ul of primary antibody on tissue area and put in Humidity chamber for 45 min to 1 hour (as per literature)
13. Again wash in wash buffer for 10 min, two changes
14. Pour 50 ul of the secondary antibody (HRP) on tissue area and put in Humidity chamber for 45 min to 1 hour.
15. Wash again in wash buffer for 10 min, two

changes.

16. Add Dabe chromogen 50 ul on tissue area for 3-5 min (Dabe chromogen 50 ul and substrate 1 ml)
17. Wash in distilled water 3 to 5 min
18. Counterstain with hematoxylin by 3-5 dips, a stain must be filtered periodically
19. Wash in Tap water for 3 to 5 min
20. Put the slides rack in Propanol for 3 cycles of 5 min, 3 min and 5 min respectively.
21. Air dry and give 3 cycles of Xylene 5 min, 3 min, and 5 min respectively.
22. Mounting with DPX (DisrteneDibutyl-Phthalate Xylene) and then observe the slide.

Based on-site and morphological clues, initially Leukocyte common antigen (LCA), Myogenin, Cytokeratin (CK), Desmin, chromogranin, Neuron-specific enolase (NSE), S-100, Smooth muscle actin (SMA) and CD99 were used. Further immune stains panels were used afterwards, as and when needed like CD20, CD3, CD30, BCL2, CD117, Ki-67, Tdt, synaptophysin, SMA, CD56, Melan A, HMB45, PAX5, Calretinin and WT1. The results were analyzed independently by 2 histopathologists. Staining intensity was graded as negative, or weak, moderate to strong positive. The extent of positive IHC reaction was scored as focal (< 10%), patchy (10-50%) or diffuse (>50%).¹⁸ and the final diagnosis was rendered.

All the collected information was entered and analyzed using SPSS version 24. The qualitative variables like gender, site and diagnosis were presented by calculating frequency and percentage.

RESULTS

Out of total 126 cases of Malignant Small round blue cell tumors, 51 (40.6 %) cases were diagnosed as lymphoma, after combining diffuse large B cell lymphoma(35), T lymphoblastic lymphoma(6), Burkitt's lymphoma(4), and NK/T cell lymphoma(6). Ewing's sarcoma/PNET (12/126, 9.5%) was the 2nd highest in frequency, followed by rhabdomyosarcoma, Synovial sarcoma, malignant Melanoma, and Germ cell tumor, which were all 9/126 each with 7.1 %. Individually Diffuse large B cell lymphoma

(DLBCL) was the highest with the frequency of 35/126 and percentage of 27.8 % (See Table-I). 52 % (66/126) of SRBCT were seen between the ages of 13-55 years. Second highest was seen below 5 years of age i.e. 36/126 (28%). People older than 56, the no of cases of SRBCT were the least (24, 19%). Rhabdomyosarcoma was highest in the 1-12 years belt (7/9), Melanoma was highest in 56-100 years age group (6/9) and DLBCL was significantly higher in 13-55 years range (21/35). (See Table-I). Site wise distribution of all cases was highlighted in Table-III.

Males were showing a higher number of many tumors including DLBCL and Ewing's Sarcoma, while Neuro-endocrine and Adrenocortical neoplasms were increased in Females. (Figure-1). There are two cases, one from the ankle joint and other from the pelvic area, which remained unclassified even after use of all available panels of antibodies in our set up.

Diagnosis	Frequency	Percent
Diffuse Large B Cell Lymphoma	35	27.8
T Lymphoblastic lymphoma	6	4.8
Burkitt's lymphoma	4	3.2
NK/T cell lymphoma	6	4.8
Nasopharyngeal carcinoma	4	3.2
Ewing's sarcoma/PNET	12	9.5
Rhabdomyosarcoma	9	7.1
Synovial sarcoma	9	7.1
Malignant Melanoma	9	7.1
Neuroblastoma	5	4.0
Germ cell tumor	9	7.1
Rhabdoid tumor	1	0.8
Desmoplastic Small Round cell tumor	1	0.8
Retinoblastoma	1	0.8
Neuroendocrine tumor, low grade	5	4.0
Small cell carcinoma	5	4.0
Adrenocortical neoplasm	3	2.4
Round blue cell tumor, Unclassified	2	1.6
Total	126	100.0

Table-I. Frequency of differential diagnosis of malignant small round blue cell tumors.

Differential Diagnosis of Round Blue Cell Tumors	Age Groups (years)			Total
	1 to 12	13 to 55	56 to 100	
Diffuse Large B Cell Lymphoma	5	21	9	35
T Lymphoblastic lymphoma	2	4	0	6
Burkitt's lymphoma	3	1	0	4
Nk/T cell lymphoma	1	4	1	6
Nasopharyngeal carcinoma	0	4	0	4
Ewing's sarcoma/PNET	5	6	1	12
Rhabdomyosarcoma	7	1	1	9
Synovial sarcoma	1	7	1	9
Malignant Melanoma	1	2	6	9
Neuroblastoma	3	1	1	5
Germ cell tumor	4	5	0	9
Rhabdoid tumor	1	0	0	1
Desmoplastic Small Round cell tumor	1	0	0	1
Retinoblastoma	0	1	0	1
Neuroendocrine tumor, low grade	0	4	1	5
Small cell carcinoma	0	2	3	5
Adrenocortical neoplasm	0	3	0	3
Round blue cell tumor, Unclassified	2	0	0	2
Total	36	66	24	126

Table-II. Relationship of round blue cell tumor with different age groups

Diagnosis	Site of Biopsy	Total cases
Diffuse Large B Cell Lymphoma	Cervical lymph node (3), Inguinal lymph node(1), Liver mass(1), Nasopharynx (4), Stomach (1), Intestine (5), Bone (1), Testis (4), Chest mass (2), Abdominal mass(2), Pelvic mass(1), Retroperitoneum (1), skin (2), Tonsil (3), Joint (1), spleen (1), gluteal mass (1), Spine (1)	35
T Lymphoblastic lymphoma	Cervical lymph node (3), Nasopharynx (2), Bone (1)	6
Burkitt's lymphoma	Liver mass(1), Nasopharynx (1), Intestine (2)	4
Nk/T cell lymphoma	Cervical lymph node (1), Inguinal Nasopharynx (2), Abdominal mass(1), skin (1), Joint (1)	6
Nasopharyngeal carcinoma	Cervical lymph node (3), Nasopharynx (1)	4
Ewing's sarcoma/PNET	Cervical lymph node (3), Bone (2), Chest mass (5), Pelvic mass(1), Joint (1)	12
Rhabdomyosarcoma	Cervical lymph node (3), Inguinal lymph node(1), Liver mass(1), Testis (1), Pelvic mass(1), Urinary bladder (1), Eye (1)	9
Synovial sarcoma	Cervical lymph node (1), Bone (1), Chest mass (2), Pelvic mass(1), Thigh mass(3), Joint (1)	9
Malignant Melanoma	Cervical lymph node (1), Inguinal lymph node(2), Liver mass(1), Abdominal mass(1), skin (4)	9
Neuroblastoma	Cervical lymph node (1), Nasopharynx (1), Retroperitoneum (3)	5
Germ cell tumor	Cervical lymph node (1), Testis (4), Abdominal mass(2), Pelvic mass(1), Ovary (1)	9
Rhabdoid tumor	Kidney(1)	1
Desmoplastic Small Round cell tumor	Abdominal mass(1)	1
Retinoblastoma	Eye (1)	1
Neuroendocrine tumor, low grade	Cervical lymph node (1), Intestine (2), Bone (1), Abdominal mass(1), Pelvic mass(1)	5
Small cell carcinoma	Cervical lymph node (1), Brain (1), Intestine (1), Bone (2),	5
Adrenocortical neoplasm	Abdominal mass(2), Retroperitoneum (1)	3
Round blue cell tumor, Unclassified	Pelvic mass(1), Joint (1)	2

Table-III. Distribution of cases with their site of origin.

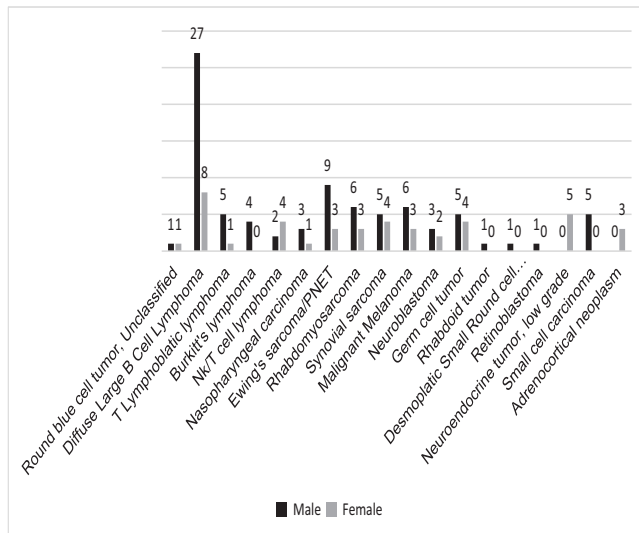


Figure-1. Relationship of round blue cell tumor frequency with gender

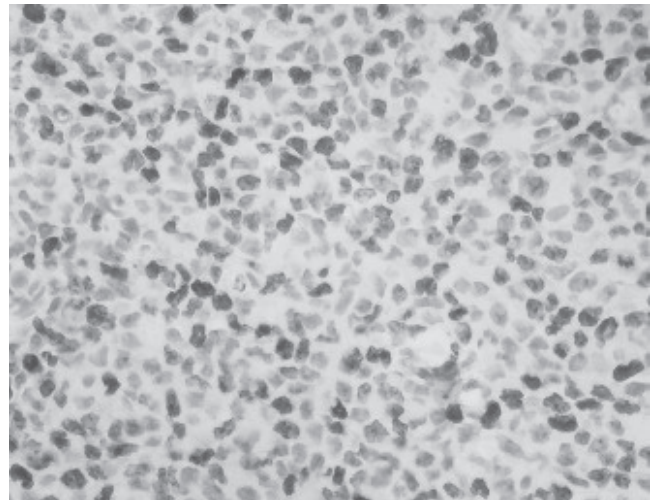


Figure-2. Ki-67 Immunohistochemical stain on a case of Diffuse Large B cell lymphoma with 70% positivity (Brown color) (Magnification x 400)

DISCUSSION

The usefulness of immunohistochemistry especially for small round blue cell tumor is established by a number of studies.¹⁹⁻²³ Thomas et al reported that immunohistochemistry changed the diagnosis of 24% of the cases.³ In our study, we used time tested panel of antibodies which have been narrated in the literature^{2,4,10,17,24-26}, including Leukocyte common antigen (LCA), Myogenin, Cytokeratin (CK), Desmin, chromogranin, Neuron-specific enolase (NSE), S-100, Smooth muscle actin (SMA) and CD99 were used. Further immune stains panels were used afterwards, as and when needed like CD20, CD3, CD30, BCL2, CD117, Ki-67, Tdt, synaptophysin, SMA, CD56, Melan A, HMB45, PAX5, Calretinin and WT1. However, many novel antibodies have also been used in other studies; like PAX7²¹, NKX2.2¹⁸, PHOX2B²⁰, BCOR²⁷, ETV4²⁸ and many more. Some of them claimed to be better and more specific than previously used. However financial constraints limited us to use these newer antibodies.

Diffuse large B cell lymphomas were the most common tumors among SRBCT in our study 35/126 (27.8%), Other NHL in differential were T lymphoblastic lymphoma(4), Burkitt's lymphoma(3), and NK/T cell lymphoma(1). (See Table 1). This finding was consistent with Thomas et al³, Patel et al¹⁰ and Bashyal et al²⁹, in which

lymphomas were the most common among small round blue cell,. However, the exact percentages were variable in all studies, probably due to geographical, racial and sampling differences. Among SRBC tumors of the head-neck region, not only lymphomas but carcinomas were also higher (36.36% each).³⁰ A possible explanation is that this area particularly harbours more carcinomas than lymphomas.^{6,7} Based on this, it can be said that IHC used to differentiate SRBCT must always include lymphoma panel. i.e LCA(CD45), CD20, CD3, CD30, Cyclin D1, Tdt, CD5, Ki-67 etc. The specialized antibodies like PAX 5, BCL2, CD10, ALK etc can be added to this panel³¹⁻³⁴, as the need arises. The same approach was adopted in our study. DLBCL was biopsied from multiple sites notably cervical lymph nodes (3), Nasopharynx (4), Intestine (4), Testis (4), Tonsil (3) and Spine (1). (See Table 3). This feature was consistent with Patel et al.⁴ Regarding age distribution, we noticed maximum cases (21/35, 60%) of DLBCL in the 13-55 year age group, 9 cases in ≥56 years age group, and only 5 cases below 12 years age. The males were significantly involved more than females, i.e. 27/35, 77%. The male predominance of DLBCL was also reported in other studies.³⁵

Ewing's Sarcoma/PNET was 2nd most common tumor in our study comprising of 12/126 tumors (9.5%). Our finding was matching with Shi Wei et al, who stated that it is 2nd most common bone

malignancy in children and young adults with 6-8% incidence and 20% could be extra skeletal.¹⁴ The common site of origin in our study was chest mass (5), followed by cervical area (3), Bone (2), Pelvic mass (1) and Joint (1) (See Table 3). Extra-skeletal sites of thigh and shoulder were also noticed in Patel et al.⁴ Ewing's/PNET are grouped together because they share the common cytogenetic abnormality and morphology. It has been said that Ewing's sarcoma of bone is undifferentiated, while PNET displays some degrees of neuroectodermal differentiation.⁵ 6/12, 50% cases of this tumor were seen in the 13 to 55 age group and 5/12, 41.6% were below 12. Only 1 case was older than 55 years. This feature was highlighted by Narayanan et al⁸, Shi Wei et al¹⁴ and Magro et al¹⁹ mentioning that this tumor involves mainly children and young adults. This tumor was more common in males in our study 9/12, 75%, which was also mentioned by other studies.^{6,14}

Rhabdomyosarcoma was among the 3rd highest tumor in this category 9/126(7.1%). Many studies reported that Rhabdomyosarcoma was the most common soft tissue malignancy of childhood with an estimated 40% incidence.^{2,36} It was contrary to our study. Since our study included both children and adults, so it is explainable that Rhabdomyosarcoma was not the most common tumor. Rhabdomyosarcoma was biopsied from the cervical region (3), inguinal region (1), liver (1), testis (1), Pelvic mass (1), urinary bladder (1) and eyelid(1). The same variability in the site of origin has been noticed in other articles also.^{2,25,36} The antibody myogenin was positive in all of the cases and desmin was positive in 3 cases.

Synovial sarcoma were 9/126 (7.1%) in number. They were characteristically higher in the 13-55 age group (7/9, 77%) and slightly higher in male (5;4) and biopsy is taken from thigh mass (3), pelvic mass (1), Bone (1), Joints (1), chest mass (1) and cervical lymph node (1). The sites near the vicinity of joints like thigh and knee are stated by Rajwanshi et al.⁵CK with dot-like positivity was noticed in 8/9 cases. CD 99 was positive in 4/9 cases.

Malignant melanomas were also 9/126 (7.1%) in number, making them 3rd most common in our study. The most common site of the biopsy was skin (4), followed by inguinal lymph node (2), cervical lymph node (1), liver mass (1) and abdominal mass (1). 6/9 (66.6%) cases were seen in \square 56 years of age. This was reported by other studies also.^{6,29} Germ cell tumors in our research were also 9/126 (7.1%), with sites of testis (4), Abdominal mass (2), pelvic mass (1), cervical lymph node (1) and ovary (1). (Table-III).

Neuroblastoma, Neuro-endocrine tumor, low grade, and Small cell carcinoma, all were 5 out of 126 in our study with a percentage of 4%. Sharma et al described Neuroblastoma as 3rd most malignant extracranial solid tumor of childhood, arising from primitive neural crest cells.² In our study 3 out of 5 of Neuroblastoma originated from retroperitoneum, and 3/5 cases were seen in less than 12 years of age (see table 2), which is consistent with Rajwanshi et al.⁵ Most of the cases of Neuroblastoma were positive CD 56 and chromogranin. In our study we found Small cell carcinoma to be 4%, which is near to Patel A et al who reported as 5.26% and Mandakinin et al as 6.25%. Low-grade neuroendocrine tumor and small cell carcinoma were all above 13 years of age (see table 2). was the only case (0.8%) of desmoplastic small round cell tumor in our study, originated from the abdominal mass. Bulbul et al. also stated that it has predilection for abdominal and pelvic cavity.¹³ In the current study slight male preponderance was noticed in neuroblastoma and desmoplastic small round cell tumor, which was also described by Rajwanshi et al.⁵ Immunohistochemistry not only helps to differentiate small round cell tumors, but also it has been used locally for adequate and accurate characterization of all malignant tumors.³⁷

In our study, we found two cases (1.6 %), one from the ankle joint and other from pelvic mass, which remained unclassified even after use of all available panels of antibodies in our set up. This was consistent with Patel et al¹⁰, who reported 3.75% of cases that could not be classified. The reason in our case was unequivocal results of IHC markers. In such cases, sophisticated techniques

like electron microscopy, cytogenetics and molecular studies become essential for final diagnosis.

LIMITATION OF STUDY

Correlation with cytogenetics and other molecular techniques were not done because of cost and availability issues. Scarcity of resources also handicapped us to use novel immunohistochemical antibodies, which can be more promising and specific. We recommend future studies to be conducted, tackling the above-mentioned deficiencies.

CONCLUSION

Malignant small round blue cell tumors are a diverse group of tumors. Immunohistochemistry is an important tool for appropriate and clear differential diagnosis of these tumors. It will facilitate the timely and accurate management of these cases.

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CONFLICTS OF INTEREST

None

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
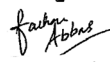

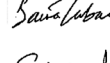
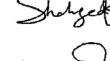
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