



1. MBBS, DCP, M.Phil.  
(Morbid Anatomy & Histopathology)  
Associate Professor  
Department of Pathology,  
Multan Medical & Dental College,  
Multan.
2. MBBS  
Department of Pathology  
Post Graduate Medical Institute,  
Lahore.
3. MD  
Pathologist  
Morristown, Overlook and Newton  
Medical Centers  
Atlantic Consolidated Laboratory  
100 The American Road, Morris  
Plains, NJ 07950

**Correspondence Address:**  
Dr. Afra Samad  
House No.68. Street No. 2.  
Mehraban Colony. Near MDA Chowk.  
Multan.  
afrasamad@yahoo.com

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## A CASE REPORT OF RARE SACROCOCYGEAL SUBCUTANEOUS MYXOPAPILLARY EPENDYMOMA IN YOUNG ASIAN BOY WITH CLINICAL DIAGNOSIS OF LIPOMA.

**Afra Samad<sup>1</sup>, Namra Mahmood<sup>2</sup>, Arbaz Samad<sup>3</sup>**

**ABSTRACT...** Myxopapillary ependymoma is a type of glioma and arising from supportive tissue of brain and spinal cord. It grows slowly.<sup>1</sup> The subcutaneous myxopapillary ependymoma is quite rare tumour and mostly develop in children and adolescents.<sup>2</sup> Several cases of ependymoma are reported in literature with only one case is reported in Asian population. We are reporting a case of 23 years old male having swelling below sacral region and diagnosed clinically as lipoma. The swelling was excised and diagnosed as subcutaneous myxopapillary ependymoma histologically.

**Key words:** Myxopapillary Ependymoma, Lower back pain, Sacral, Spinal cord tumor, Subcutaneous.

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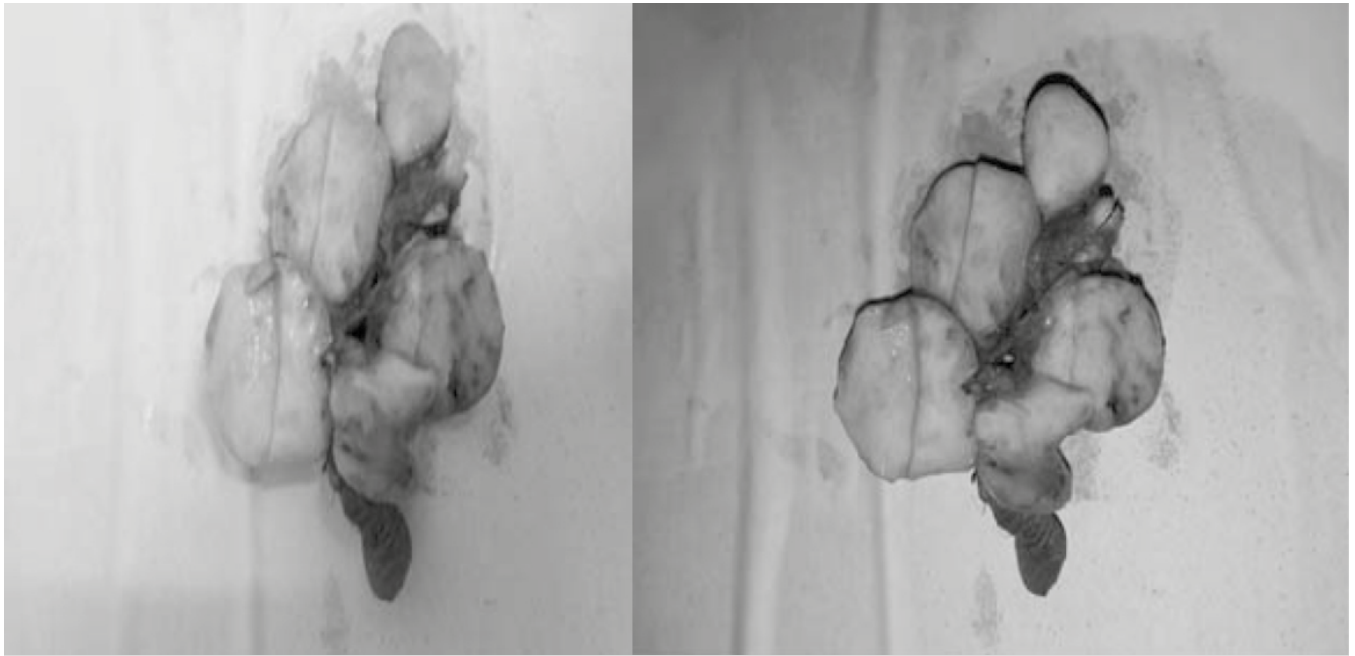
### INTRODUCTION

Spinal ependymal tumours are about 40-60% of spinal cord tumour.<sup>3</sup> Most commonly the myxopapillary subtype of ependymomas occur in thoracolumbar region and 90% of tumour occur in conus medullaris.<sup>4</sup> It is a benign and most commonly an encapsulated tumour.<sup>5</sup> Extrapapillary ependymomas are rare and mostly occur in subcutaneous tissue of sacrococcygeal or presacral region.<sup>6</sup> The sign and symptoms are non-specific with pain in lower back.<sup>7</sup> Some patients may present with headache, pain, numbness.<sup>8</sup> 8-20% of it occur in childhood. Adult age group from 18-29 years also affected by this tumour.<sup>9</sup> This tumour has good prognosis.<sup>10</sup> The key microscopic feature of this tumour is mucinous degeneration of the papillary tumour vascular stromal core lined by cuboidal cells.<sup>11</sup> Surgical excision of the tumour is mostly done. If it is adhere to cauda equinal or conus medullaris then adjuvant radiotherapy can be done.<sup>12</sup> On review of literature this tumour is rare in Asian only one such case was reported in Asian female.<sup>2</sup> As such not definite relation with race is known.<sup>13</sup> Our patient was a 23 year old Asian male diagnosed as case of subcutaneous

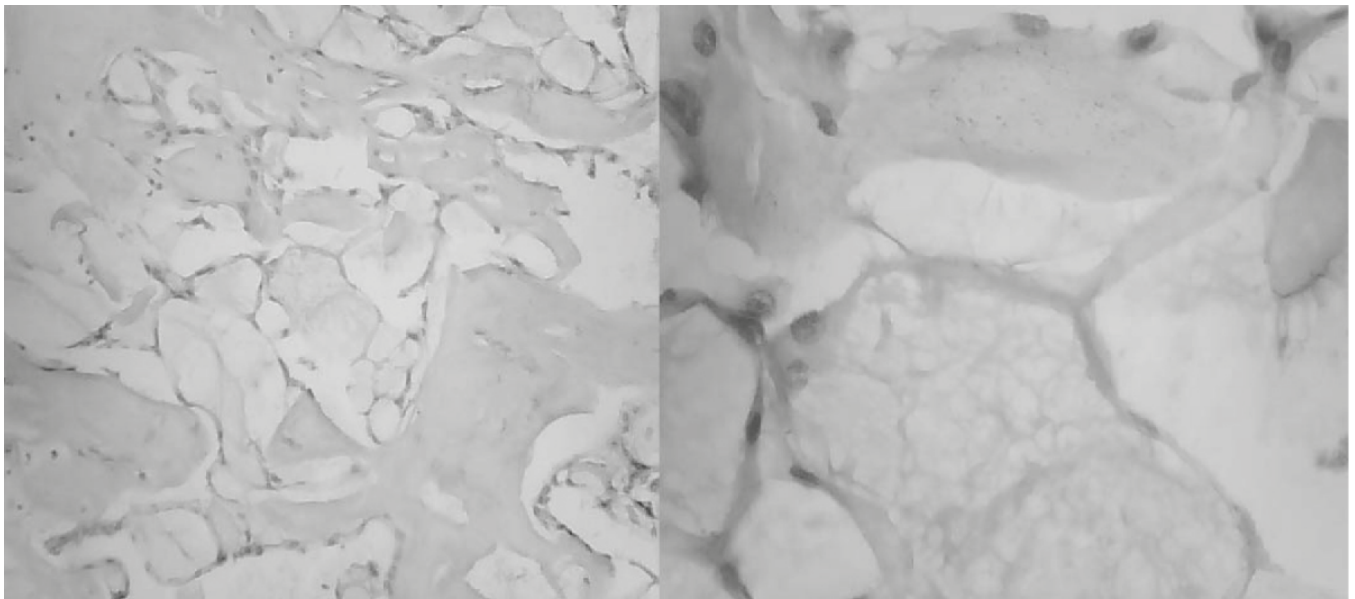
Myxopapillary ependymoma sacral region histologically with clinical diagnosis of lipoma.

### CASE REPORT

A 23 years old male presented with history of swelling below sacral region that was clinically diagnosed as lipoma and excised. On gross examination, multiple four small well circumscribed nodules along with skin, measured 2.0x1.0x1.0cm, 2.5x2.0x1.0cm, 3.0x2.5x1.5cm and 3.5x3.0x2.5cm. A piece of skin focally was attached to the nodules measuring 3.0x2.8x0.2cm. On cutting the nodules were grayish white with a few small myxoid areas. Representative sections were submitted. On microscopic examination of H&E sections showed hyalinized tissue containing aggregates of papillary structures. The papillae were made by basophilic mucinous material lined by cuboidal epithelial cells. The histological features are consistent with subcutaneous myxopapillary ependymoma. Section of skin reveals no pathology.



**Gross Appearance of the Specimen, Myxopapillary Ependymoma.**

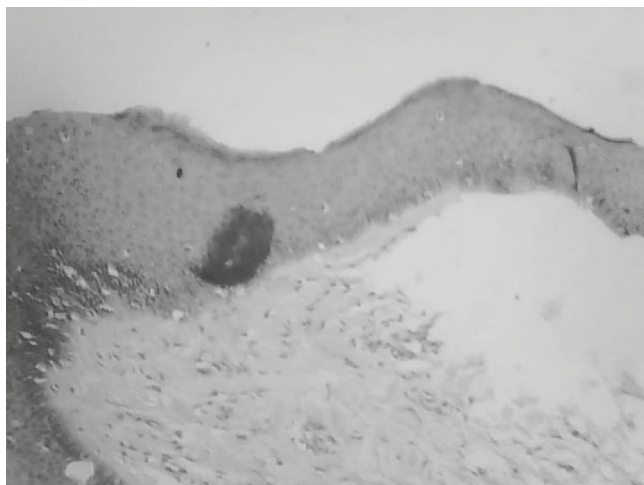


**Low & High Power Microscopic Appearance of Subcutaneous Myxopapillary Ependymoma (100x&400x).**

## DISCUSSION

Ependymoma are rare in extraspinal regions.<sup>14</sup> Our patient is also a case subcutaneous myxopapillary ependymoma sacral area. Extradural sacrococcygeal subcutaneous ependymoma are rare representation. The first case in literature was reported by Mallory in 1902.<sup>15</sup> The ependymoma is classified into three subtypes. i.e Myxopapillary, papillary and subependymoma type.<sup>16</sup> Majority of

subcutaneous ependymoma are myxopapillary in histology.<sup>17</sup> 50% cases have been reported in posterior sacral or subcutaneous region.<sup>18</sup> As they are localized in sacral region, which leads to a common misleading diagnosis of pilonidal sinus or other tumours like lipoma, teratoma, chordoma, myxoid chondrosarcoma, metastatic mucoid carcinoma and metastatic carcinoid other.<sup>6</sup>



Low Power view shows normal skin histology (100x)

The clinical diagnosis of our patient was lipoma. Myxopapillary ependymoma is differentiated from other tumours by positive GFAP and S-100.<sup>16</sup> The follow up is recommended after local excision as this tumour has potential for recurrence or it may metastasise.<sup>19</sup> So surveillance is important.<sup>6</sup>

## CONCLUSION




We are reporting a rare case of young Asian male showing histological features of sacroccygeal subcutaneous myxopapillary ependymoma with clinical diagnosis of lipoma. So Myxopapillary ependymoma should be considered in the differentials of sacral area swelling although rare. **Copyright© 04 Jan, 2019.**

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### AUTHORSHIP AND CONTRIBUTION DECLARATION

| Sr. # | Author-s Full Name | Contribution to the paper | Author=s Signature  |
|-------|--------------------|---------------------------|---|
| 1     | Afra Samad         | 1st Author                |  |
| 2     | Namra Mahmood      | 2nd Author                |  |
| 3     | Arbaz Samad        | 3rd Author                |  |