Instruction to Authors for submission to The Professional Medical Journal

Original Article

Article Title

ABSTRACT
(Maximum 200-250 words)
Original article required structured abstract with following headings.
Objective:
Study Design:
Settings:
Period:
Material & Methods:
Results:
Conclusion:
Keywords: (At Least 3) Separate with [,] in alphabetical order.

INTRODUCTION
It should be in three paragraphs. First paragraphs provides a context or background for the study (that is the nature of the problem and its significance). Second paragraph should include current literature of article. Third paragraph describe the specific purpose or research objective of, or hypothesis tested by, the study or observation in form of statement It is preferable to cite 5-10 pertinent references.

Material & Methods
This should be written in descriptive form. Mentioning the following.
Study Design:
Settings:
Duration:
Sample Size:
Sampling Technique:
Inclusion Criteria:
Exclusion Criteria:
Data Collection Procedure:
Data / Statistical Analysis:
Ethical Approval

RESULTS
The results should be in logical sequence in the text, tables and figures. DO not repeat all the data in the tables or figures in the text.

“Elaborate the table in paragraph” ABC (Table 1)

Table 1: Title of table (n=?)

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DISCUSSION
In this section compare the results with other studies and emphasize the new and important aspects of the study. Explain each aspect of study in separate paragraph. The last paragraph on discussion should describe limitation of this study.

CONCLUSION
The conclusion should be 2-3 line statement highlighting the outcome of study in clear and precise words.

CONFLICT OF INTEREST / DISCLOSURE
The author should declare any conflict of interest if presents.

ACKNOWLEDGEMENTS
This is optional.

REFERENCES (Vancouver Style)
All original articles must have 20-25 references not more than 5 year old, they should also include local / national references. All references must be cited as super script in the manuscript and in Vancouver style in the references list.

Instructions for Vancouver Style

Examples


2. Surname Initial(s). Book title. Edition - if available. Place: Publisher; Year.
3. Surname Initial(s). Book title [Internet]. Place: Publisher; Year [cited date]. Available from: http:// . . .


6. Surname author Initial(s). Title of paper. In: Surname editor Initial(s), editor. Title of the conference. Place: Publisher; Year. Pages.

7. Surname Initial(s). Title of article. Title of newspaper. Date:Pages.

8. Surname Initial(s). Title of dissertation or thesis [type of dissertation/thesis]. Place: Publisher; Year.

9. NOU Year: number. Title. Place: Publisher; Year.

10. Designation number (session). Title. Place: Publisher; Year.

11. Title. Place: Publisher; Year.

12. Organization. Standard No. Title of the standard [Internet]. Place: Publisher; Year [cited date]. Available from: http://

13. Surname Initial(s). Title of the report. Place: Publisher; Date of publication. Report No.

14. Surname Initial(s). Title [Internet]. Place: Publisher; Date of publication [updated date; cited date]. Available from: http:// . . .

15. Organization or Institution. Title [Internet]. Place: Publisher; Date of publication [updated date; cited date]. Available from: http://...

16. Title [Internet]. Place: Publisher; Date of publication [updated date; cited date]. Available from: http://...

17. Surname Initial(s). Title of the encyclopedia. Edition – if available. Place: Publisher; Year. Title of the entry; pages.

18. Surname Initial(s). Title of the encyclopedia [Internet]. Edition – if available. Place: Publisher; Year. Title of the entry; [cited date]; pages. Available from: http://...

19. Surname Initial(s). Title of the blog [Internet]. Place: Publisher. Date of publication. Title of the blog post; Date of publication of blog post [cited date]. Available from: http://...